

Fridge Cleaning

Supplies to bring:

- Vinegar based cleaning solution or natural nonchemical solutions preferred
- Paper towels or multiple rags
- Trash bags
- Cleaning gloves if you prefer

Procedure for fridge and pantry cleaning:

Fridge:

1. Check to see if there are any rotten, spoiled, open, expired items, or raw meat and discard them in trash bag
2. Organize remaining items by type. Keep veggies with veggies, meat with meat, etc.
 - a. keep veggies lower in fridge to avoid freezing, this is not applicable if there are tons.
 - b. Keep the fan in the back of the fridge (usually at the top) clear of food.
3. If there are no items in the fridge spray directly in it with cleaning solution and if there are items in the fridge, spray cleaning solution on rag to clean. Clean the fridge's walls, shelves, drawers, inner doors and outside handles.

Pantry:

4. Check around fridge and pantry for trash and throw away.
5. Sort food in pantry and toss any rotten, moldy, spoiled, expired food.
6. Organize food in pantry by type.

TAKE ANY CARDBOARD BOXES AND THE TRASH BAG WITH YOU TO THROW OUT!!!